

Music: Rise and Shine

Artist: Deorro

Choreographer: Tim Smith

Studio: Rhythm (rhythmchoreography.com)

Sequence: Start w/ Back to Audience: Wait 32 Beats, Intro, Part A, Part B, Part C, Break, Part A, Part B, Part C, Bridge, Part D, Ending

Intro

Toe Heels TOE H TOE H TOE H TOE H TOE H TOE H TOE H TOE H
L L R R L L R R L L R R L L R R

*** Turn 360° Left During Toe Heels, Repeat Once Turning 360° Right ***

Toe Heels TOE H TOE H TOE H TOE H TOE H TOE H TOE H TOE H
L L R R L L R R L L R R L L R R

*** Move Forward During Toe Heels, Repeat and Move Backward ***

Samantha DS DS(xif) DRAG S DRAG(TURN 180°) S RS DS DS RS
L R R L L R LR L R LR

*** Turn to Face Back on Drags, Repeat to Face Front ***

Triple Brush DS DS DS BRUP DS DS DS RS
& a Triple L R L R R L R LR

Boogy Basics DS RS(xib) DS RS(xib)
L RL R LR

Turn Over DS DS S(turn 180°) S
L R L R

Part A

Rocking Chair DS BRUP DS RS
L R R LR

Scissors DBL OUT X OUT X OUT IN UP
L B LIB B RIB B B L

Walk the Dog Leash DS DS H H Tap Toes Twice RS DS DS RS
L R LR B LR L R LR

Sequence: Start w/ Back to Audience: Wait 32 Beats, Intro, Part A, Part B, Part C, Break, Part A, Part B, Part C, Bridge, Part D, Ending

Part B

Step Double Up S DBL UP DS RS
 L R R R LR

Boogy Basics DS RS(xib) DS RS(xib)
 L RL R LR

Step Up Over the Log S DBL UP DS RS DS DS S S PULL UP
 L R R R LR L R LR B L

*** Turn 1/4 on DBL UP in "Step Double Up" and "Step Up Over the Log" ***

Part C

Jump 'n Drag JUMP H UP DS R S(DRAG) S RS DS RS
 B L L L R L R R LR L RL

*** Turn 1/4 Left on Basic, Repeat to Face Back ***

Triple Stomp DS DS DS S S DS DS DS RS
 & a Triple R L R LR L R L RL

Shave 'n a Haircut S DS(xif) S S S(xif) DS DS RS RS
 & a Fancy Double R L R L R L R LR LR

*** Repeat to Face Front ***

BREAK

Toe Heels TOE H TOE H TOE H TOE H TOE H TOE H TOE H TOE H
 L L R R L L R R L L R R L L R R

*** Turn 360° Left During Toe Heels ***

Toe Cha TOE H TOE H TOE H RS S(xtf) S DS RS
 L L R R L L RLR L R LR

Sequence: Start w/ Back to Audience: Wait 32 Beats, Intro, Part A, Part B, Part C, Break, Part A, Part B, Part C, Bridge, Part D, Ending

Part D

Flap Mountain DS HOP(H) HOP(H) FLAP HOP S RS

*** Turn to Left Corner, Repeat to Back Left Corner, Repeat to Face Back ***

Fancy Double DS DS RS RS

L R LR LR

*** Repeat Flap Mountain Sequence and Fancy Double to Face Front***

Part D (cont.)

Rocking Chair DS BRUP DS RS DS RS DS RS

& Boogy Basics L R R LR L RL L RL

Rocking Chair DS BRUP DS RS DS BRUP(turn 1/2) DS BRUP

& a Soccer Turn L R R LR L R R L

*** Repeat to Face Front ***

Ending

Toe Heels TOE H TOE H TOE H TOE H TOE H TOE H TOE H S S(ots)

& a Step Out L L R R L L R R L L R R L L RL